

3. Water Depot

Weight Loss

- 1. Herbal Magic
- 2. Weight Watchers
- 3. Dr. Tanouja Rama
- 4. Bodu Works
- 5. Jenny
- 6. Result Fitness
- 7. Better Body Toning
- 8. Body Shaping Fitness SEE PAGE 50
- 9. Core Balance
- 10. Metabolic Care Clinic
- 11. YOLO Canada

BEST SPORTS / ENTERTAINMENT

Bowling

- 1. Burlington Bowl
- 2. Classic Bowl
- 3. Hopedale Bowl

Children's Arts Program

- 1. Halton Center for Childcare
- 2. West End Studio Theatre
- 3. Mini Skool
- 4. Great Big Theatre Co.
- 5. Kinder Buddies
- 6. Oakville Parent-Child Centre
- 7. Oak Park Mom's n Tot's
- 8. Studio Pavas SEE PAGE 25
- 9. Oakville Academy for the Arts SEE PAGE 13
- 10. Innovative Arts

Children's Sports Program

- 1. Oakville Soccer SEE PAGE 41
- 2. Town of Oakville Parks n Rec
- 3. Oakville Angels SEE PAGE 49
- 4. Ice Sports SEE PAGE 49
- 5. Oakville Minor Baseball
- 6. Oakville Little League
- 7. Minor Oaks Hockey
- 8. Halton Cowboy's Football
- 9. Oakville Ball Hockey
- 10. Oakville Minor Lacrosse
- 11. Oakville Basketball
- 12. Oakville Hornets
- 13. Oakville Titans Football
- 14. Upright Rugby
- 15. Skate Oakville SEE PAGE 45
- 16. YMCA SEE PAGE 45
- 17. Kicks for Kids
- 18. Oakville Cricket Academy
- 19. Vardar Soccer
- 20. Oakville Minor Ball Hockey League- OMBHL

Dance (Children's Instruction)

- 1. Premiere Dance
- 2. Oakville School of Classical Ballet
- 3. Allegro SEE PAGE 47
- 4. Studio Pavas SEE PAGE 21
- 5. Balletomane SEE PAGE 21
- 6. Dance Exchange
- 7. The Edge School of Performing Arts
- 8. Oakville Academy for the Arts SEE PAGE 44
- 9. Grace Academy SEE PAGE 27
- 10. Canadian Dance Company SEE PAGE 29
- 11. Annex Dance Company SEE PAGE 29
- 12. Blue Heels
- 13. Live to Dance Academy SEE PAGE 49

Dance Studio (Adult)

- 1. Fred Astaire
- 2. Arthur Murray
- 3. Blue Heels
- 4. Simply Ballroom
- 5. Come Dancing

Golf Course

- 1. Oakville Executive Golf Course
- 2. Saw-Whet
- 3. Kaneff Golf
- 4. Glen Abbey-Clublink

- 5. Cross Winds
- 6. Rattlesnake- Clublink
- 7. Lowville Golf
- 8. Piper's Health
- 9. Dragon's Fire
- 10. Wyldewood
- 11. Turtle Creek Golf Course

Golf Equipment

- 1. Golf Town
- 2. Glen Abbey-Pro Shop
- 3. Nevada Bob's

Golf Training/Driving Ranges

- 1. Vic Hadfield Golf
- 2. Glen Abbey Academy
- 3. Tee Zone
- 4. Wide Range

Gymnastics

- 1. Oakville Gymnastics
- 2. Schlegel's Gymnastics

Hockey Equipment

- 1. National Sports SEE PAGE 37
- 2. Corbett's Source for Sports SEE PAGE 20
- 3. Canadian Tire SEE PAGE 49
- 4. Ice Sports SEE PAGE 49
- 5. CLP Sports

Indoor Play Centre

- 1. Little Gym of Oakville
- 2. Little Rascals
- 3. Busy Bodies Indoor Playground
- 4. Oakville Parent Child Centre
- 5. Playdium

Live Theatre

- 1. West End Studio Theatre
- 2. Oakville Players
- 3. Theatre Sheridan
- 4. Oakville Centre
- 5. Living Arts Centre Mississauga
- 6. Burl-Oak Theatre

Local Tourist Attraction

- 1. Oakville Museums
- 2. Gairloch Gardens
- 3. Jazz Festival
- 4. Canadian Golf Hall of Fame
- 5. Oakville Galleries
- 6. Bradley Museum
- 7. ifly SEE PAGE 21
- 8. Oakville Ribfest

Mini Putt

- 1. Vic Hadfield Golf
- 2. Putting Edge

Marial Arts

- 1. Yamato SEE PAGE 45
- 2. YMCA SEE PAGE 35
- 3. Horizon Taekwondo SEE PAGE 35
- 4. Tyson Martial Arts
- 5. Morningstar Tae Kwon Do
- 6. Kicks for Kids
- 7. Canadian Martial Arts
- 8. Rising Sun
- 9. Master Ryus
- 10. No Limits
- 11. Mississauga Aikido

Movie Theatres

- 1. Silvercity
- 2. Film.ca
- 3. Ciniplex
- 4. 5 Drive -In

Pool/Billiard Hall

- 1. Bronte Sports Kitchen
- 2. Monaghan's

Running Store

- 1. Running Room
- 2. New Balance

Skate Sharpening

- 1. Head Over Heals
- 2. Corbetts SEE PAGE 37
- 3. National Sports - Danica Baird
- 4. Fisher's

Ski & Snowboard

- 1. Corbetts Source for Sports SEE PAGE 37
- 2. Hustler
- 3. Spokes N Slopes

Swimming Programs

- 1. Oakville Swim Academy
- 2. Making Waves SEE PAGE 45
- 3. YMCA SEE PAGE 45

Yoga Studio

- 1. Moksha Yoga
- 2. The Clarity Centre
- 3. Igita Yoga
- 4. Creating Space Yoga
- 5. Sun Yoga
- 6. Shama-Bhakti Yoga
- 7. Pure Serenity Yoga
- 8. ZenBar
- 9. Dr. Narang SEE PAGE 17
- 10. Dr. Solomon SEE PAGE 16
- 11. Dr. Marisa D'Angelo
- 12. Dr. Bamrah
- 13. Dr. Taylor
- 14. Dr. Steven Thordarson
- 15. Dr. Liu SEE PAGE 40
- 16. Dr. Hune
- 17. Dr. J. Younger SEE PAGE 47
- 18. Dr. Ahluwalia SEE PAGE 47
- 19. Dr. Sasan
- 20. Dr. D Soares
- 21. Dr. Aliko Iordanidis
- 22. Dr. Kathryn Ond SEE PAGE 35
- 23. Dr. Michael Vo SEE PAGE 35
- 24. Dr. Iacovino
- 25. Dr. Azadeh Fini

BEST PEOPLE

Accountant

- 1. Charles Havill SEE PAGE 25
- 2. Alan Ogilvie SEE PAGE 26
- 3. Ricky Wong SEE PAGE 15
- 4. Bianca Tino
- 5. Mark Grunwald
- 6. Lou Oderico

Auto Mechanic

- 1. Manny Pereira -Carnation
- 2. Dennis -Dennis of Oak SEE PAGE 30
- 3. Sam Nessian - Cross Ave Auto
- 4. Peter Melo- Melo's SEE PAGE 36 Auto Service Ltd.
- 5. Bill Bussiere - Preferred Muffler SEE PAGE 23
- 6. Ken Young - Young's Auto
- 7. Randolph Henry-Integra Tire & Service Centre

Chiropractor/ Podiatrist

- 1. Salima Kassam
- 2. Ann Paul
- 3. Susan Mouter
- 4. Elisabeth Hibbert
- 5. Vanessa Pontet
- 6. Paul Ginsberg SEE PAGE 21
- 7. J. Richard Werkmen
- 8. Amit Kaushal
- 9. Lisa Hyashi
- 10. Alla Mast

Chiropractor

- 1. Dr. Murray Hassard
- 2. Dr. David Healey
- 3. Dr. Freddy So
- 4. Dr. Ron McAllister
- 5. Dr. Brian Huggins
- 6. Dr. Richard Grolmus
- 7. Dr. David Wilson
- 8. Dr. Erik Nabeta
- 9. Dr. James Wilson
- 10. Dr. Patrick Zak
- 11. Dr. Ben Fryer
- 12. Dr. Brett Moore SEE PAGE 15
- 13. Dr. Jenna Davis
- 14. Dr. Steven Knighten
- 15. Dr. Boyle
- 16. Dr. Jeff Weekes
- 17. Dr. Anil Kaushal
- 18. Dr. Andria Nalborczyk
- 19. Dr. Jay Burness

Cosmetic Surgeon

- 1. Dr. Khanna SEE PAGE 37
- 2. Dr. Otto Weiglein SEE PAGE 43
- 3. Dr. Stephen Brown
- 4. Dr. Weinberg
- 5. Dr. Kolenda
- 6. Dr. Douglas Grace SEE PAGE 43

Dentist

- 1. Dr. Phelan SEE PAGE 21
- 2. Dr. Steven Rosenblat
- 3. Dr. Simon Pong
- 4. Dr. Campbell
- 5. Dr. Kazdan
- 6. Dr. Chagger
- 7. Dr. Gigone
- 8. Dr. Bis
- 9. Dr. Narang SEE PAGE 17
- 10. Dr. Solomon SEE PAGE 16
- 11. Dr. Marisa D'Angelo
- 12. Dr. Bamrah
- 13. Dr. Taylor
- 14. Dr. Steven Thordarson
- 15. Dr. Liu SEE PAGE 40
- 16. Dr. Hune
- 17. Dr. J. Younger SEE PAGE 47
- 18. Dr. Ahluwalia SEE PAGE 47
- 19. Dr. Sasan
- 20. Dr. D Soares
- 21. Dr. Aliko Iordanidis
- 22. Dr. Kathryn Ond SEE PAGE 35
- 23. Dr. Michael Vo SEE PAGE 35
- 24. Dr. Iacovino
- 25. Dr. Azadeh Fini

Employer

- 1. Amec
- 2. Tim Horton's
- 3. Home Depot
- 4. Halton Health Care
- 5. Sunrise Senior Living
- 6. Appleby College
- 7. Ford Motor Company
- 8. Town of Oakville
- 9. Region of Halton
- 10. HUB International
- 11. The Weather Network
- 12. Shred It

Esthetician

- 1. Samina Dossa - Exsalonco
- 2. Dalila Belmiloud-La Fleur De France

Financial Planner

- 1. Raymond E. Jackson-Manulife SEE PAGE 30
- 2. Tim Carter-Edward Jones
- 3. Peter Watson- Peter Watson
- 4. Merritt Goddard -RBC
- 5. Simon Jackson - Manulife SEE PAGE 30
- 6. Steve Dhaliwal- BMO Nesbitt Burns
- 7. Bruce Cumming - Cumming & Cumming
- 8. David Newman -Fiscal Agents
- 9. Ron Rousseaux -Today & Tomorrow
- 10. Kai Heino -RBC DominionSecurities

Hairstylist/Barber

- 1. Maryam-Breeze
- 2. Enzo Rubino-Atelier Salon
- 3. Roz-Blueberry Salon SEE PAGE 25
- 4. Maurice - Salon Venere SEE PAGE 26
- 5. Bob - BobRShop
- 6. Monzer- Salon Monzer
- 7. Sam - Colour Addiction
- 8. Shannon - Hair Appeal
- 9. Mark - Joe's Barbershop

Home Staging

- 1. Annie Caya-Home Design Staging Group
- 2. Bonnie Dell
- 3. Patricia Hutchinson

Insurance Agent

- 1. Darryl Demille- State Farm
- 2. Deborah Bartucci-State Farm
- 3. Joseph Bardaro- Co-operators
- 4. Angelo Gualtiri - State Farm
- 5. Dan Lawrie-Dan Lawrie Ins.

- 6. Daniel Durst-State Farm
- 7. Andrew Heideman-State Farm
- 8. Don McGowan-McGowan Insurance
- 9. Adrian Keith - All Risk
- 10. Bruce Caplan-Bayshore Group
- 11. Dan Hynek
- 12. Scott Dobson - Dobson & Tonic
- 13. Michelle Cooper - State Farm
- 14. Sally Sutherland - State Farm

Interior Decorator

- 1. Paulina's Interior Design
- 2. Laurie Lynette- Laurie Lynette Designs
- 3. The Drape Lady
- 3. Darlene Janeiro Group Inc.

Lawyer

- 1. Tanya Leedale
- 2. Kevin Haxell SEE PAGE 47
- 3. Brian Hanna
- 4. Jarvis Sheridan SEE PAGE 44
- 5. Sam Spadafora SEE PAGE 22
- 6. Russell Allegra SEE PAGE 30
- 7. William McLeod
- 8. John Paladino SEE PAGE 30
- 9. Harris Brown
- 10. Francesca Rollo

Massage Therapist

- 1. Karin Arra-Oakville Rehab
- 2. Tracy Parrell, Northridge
- 3. Claudette-Be in Motion
- 4. Diana Foster-Mezei Health and Wellness
- 5. Claudia -Pomegranate Tree
- 6. Talisa Champoux - Acorn Family Health & Wellness
- 7. Amanda Sciberras- Acorn Family Health & Wellness
- 8. Sara Stinson - Acorn Family Health & Wellness
- 9. Grace Ren-A Place to Heal
- 10. Nadia Belmiloud-La Fleur De France

Naturopath

- 1. Dr. Lisa Vecchi
- 2. Dr. Nasreen Vojdani - Acorn Family Health & Wellness Centre
- 3. Dr. Nahid Ahmmedzadeh-Acorn Family Health & Wellness Centre
- 4. Nyla Jiwani-Oakville Naturopathic Wellness Ctr
- 5. Dr. Jennifer Kaster-Balance Point
- 6. Dr. Michelle Peris-Oakville Naturopathic Wellness Centre
- 7. Dr. Patsy Commisso - Metabolic Care Clinics
- 8. Kim Niblett - Acorn Family Health & Wellness Centre

Optometrist

- 1. Dr. Ronald Gall
- 2. Dr. Susana Sebestyen
- 3. Dr. Pachler SEE PAGE 37
- 4. Dr. Karen Smith
- 5. Dr. Chung
- 6. Dr. Love
- 7. Dr. Noronha
- 8. Dr. Sanghera
- 9. Dr. J. Mungar

Orthodontist

- 1. Dr. Gwartz
- 2. Dr. Tovilo
- 3. Dr. Fasken
- 4. Dr. Chekay SEE PAGE 45
- 5. Dr. Grubisa

- 6. Dr. Kevin Wilk
- 7. Dr. Brian Wilk

Painter

- 1. Hubert Klein - Intercan Painting
- 2. Alvin Jones-Royal Decorating
- 3. J.M. Painting
- 4. Connoisseur Painting

Pediatric Dentists

- 1. Dr. Magdalena Quinn
- 2. Dr. Azadeh Fini-My Kids Dentist
- 3. Dr. Michael Layug

Personal Trainer

- 1. Dirk-Body Shaping Fitness SEE PAGE 50
- 2. Charlotte Baker-YMCA SEE PAGE 45
- 3. Paul - The Gym
- 4. Peter - Result Fitness
- 5. Kelly Gibson - Metabolic Care Clinics
- 6. Scott -One Health
- 7. Chris Robertson-ONWC

Pharmacist

- 1. Wassim Naguib-Royal Oak Pharmacy
- 2. Adel Bebawy- Queens Pharmacy
- 3. Marie - Bronte Center Pharm.
- 4. Emad Sourial - Oak Park Pharmacy SEE PAGE 51
- 5. Fabio - Shoppers Drug Mart
- 6. Robert-Leon Pharm SEE PAGE 20
- 7. Richard Price-The Medicine Shoppe SEE PAGE 44

Sports/Physio- Therapist

- 1. Libor Divilek Dorval Physio
- 2. Brian Empey - Be In Motion
- 3. Dr. Vanessa Mirabelli Physio
- 4. Cristy So- Reactive Movement
- 5. Robyn Synnott - Acorn Family Health and Wellness
- 6. Ali Maleki-Dorval Physio
- 7. Surinder Basra-Soul Space Physical Therapy SEE PAGE 24

Travel Agent

- 1. Jo-Anne Wilbur- McTavish Travel
- 2. R. Cannon-Marlin Trav SEE PAGE 30
- 3. Sharon - Upper Oakville Travel
- 4. Irene Egan - Halton Trafalgar
- 5. Susie Aguiar - Maritime Travel
- 6. Nell - Upper Oakville Travel

Veterinarian

- 1. Dr. Scott Hobson- Abbey Animal
- 2. Dr. Lorie Gold -Animal Hospital of River Oaks
- 3. Dr. Dieter Schmidt-Bronte Animal Clinic
- 4. Dr. Best-Animal Hospital of Oakville
- 5. Dr. Sarah Machell - North Oakville Animal Hospital
- 6. Dr. Bloomberg
- 7. Dr. Pawan Kutlehria-Cornwall Animal Hospital SEE PAGE 45

BEST SHOPPING

Appliance Store

- 1. Sears
- 2. Goemans
- 3. Oakville Appliance SEE PAGE 15
- 4. TA Appliances

Auto Parts

- 1. Canadian Tire SEE PAGE 20
- 2. B & D Auto Recycling
- 3. Partsource
- 4. Mantis Racing

Bath Store(Accessories)

- 1. Moen
- 2. Koehler SEE PAGE 45
- 3. Tapworks