

INNOVATIVE IDEAS IN HEALTH CARE

Every so often a new discovery is made that changes the way medicine is practised. Many of the patients at Advanced Pain Relief Clinic would tell you Low Intensity Laser Therapy is one of these discoveries. Advanced Pain Relief Clinic delivers restorative wellness care for a broad range of physical afflictions using innovations in technology and medicine. The newest location, recently opened in Oakville, offers Low Intensity Laser Therapy, Extracorporeal Shockwave Therapy, and Spinal Decompression as part of its drug-free non-surgical approach to health care.

John W, a WW1 vet, injured in the line of duty, endured back pain, due to scar tissue for 70 years. His first pain free day at age 87, was the day he received his first Shockwave Therapy treatment. Shockwave Therapy, effective for chronic or resistant injuries like tennis elbow, calcific rotator cuff tendonitis, heel spurs or plantar fasciitis and scar tissue is effective in only 3-4 treatments. It works by breaking down the abnormal tissue and improving circulation, hence speeding healing. This extraordinary result can be achieved even in the most severe and chronic cases, like the one mentioned above.

Steve P, avoided shoulder surgery for a torn rotator cuff, when he came to Advanced Pain Relief Clinic. There he received Low Intensity Laser Therapy and made a complete recovery. This took about three weeks, a much shorter recovery period, and was achieved without the scar tissue that is often a side effect of surgery. Low Intensity Laser Therapy works by stimulating the individual cells in the body to heal. Effective for a huge number of afflictions such as inflammation, arthritis, muscle tears, disc injuries, gout, and tendonitis, Low Intensity Laser Therapy is painless and has no known side effects. Advanced Pain Relief Clinic exclusively uses Bioflex lasers manufactured in Canada. The number of treatments vary from 5 to 30.

Non surgical Spinal Decompression is a revolutionary treatment for degenerated, bulging or herniated discs in the neck and back. By creating a negative intradiscal pressure, fluid is often drawn back into degenerated discs, allowing them to recover. The same negative intradiscal pressure causes bulging or herniated segments to be vacuumed back into the appropriate alignment. Boasting a greater than 80% success rate, this non-invasive treatment is often combined with appropriate core exercises and other necessary lifestyle changes.

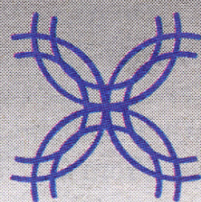
Clinic facilitator Paul Harrington says the clinic's philosophical approach of natural interventions

first, drugs second and surgery only as a last resort has proven popular with the growing list of patients. "Since the first clinic opened we have successfully treated over 7000 patients with problems ranging from arthritic knees to headaches, safely and quickly."

Chief Clinician and Founder, Dr. Moona Rahemtulla, insists individual care based on appropriate diagnostics is the first step to a favourable outcome. "Our patients can expect treatment based on a specific diagnosis and with a clear outcome in mind. Our experience allows

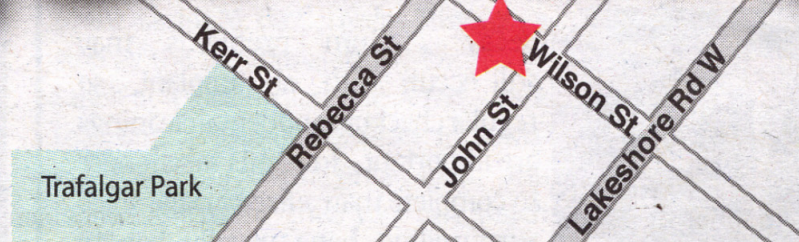
us to offer reasonable predictions as to results and recovery times," Dr. Rahemtulla says.

Advanced Pain Relief Clinic Oakville is the third in the family of Advanced Pain Relief Clinics. Other locations include Owen Sound and Waterloo. The Oakville clinic located at 124 Wilson Street is now accepting patients. For more information or to schedule an appointment, call (905) 339-2500 or visit www.advancedpainrelief.ca



ADVANCED PAIN RELIEF

NOW OPEN



Oakville Location

124 Wilson Street

Tune in to AM740's

"Ask The Professional"

on Sunday, September 30th at 12:30pm
for Innovative Ideas in Health Care



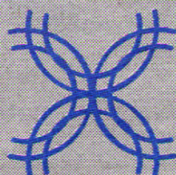
Dr. Moona Rahemtulla

For A No Obligation Consultation With
One Of Our Well Qualified Doctors
Call 905-339-2500

Clinic Services:

- Low Intensity Laser Therapy
- Spinal Decompression
- Natural Medicine
- Shockwave Therapy
- Acupuncture

first we listen, then we heal



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www.advancedpainrelief.ca

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