

10K Run (1,219 participants)

Place, Name	Residence	Time
Overall		
1 Etiz Gillis	Guelph	32:17.5
2 Laurence Abbott	Sarnia	32:27.2
3 Predrag Mladenovic	Etobicoke	32:38.0
4 Andrew Yorke	Hamilton	32:45.5
5 Jason Wilson	Barbados	32:49.1
6 Kevin Smith	Oakville	34:10.1
7 Nikolay Ryabkov	Toronto	35:24.2
8 Tyler Bredschneider	Brampton	35:52.3
9 Daniel Nowak	Mississauga	35:57.8
10 Corey McSween	Brantford	36:10.8
Overall, Women		
11 Lucy Njeri	Burlington	36:45.9
13 Dorelle Hinton	Kingston	37:15.9
21 Natasha Yaremczuk	Paris	38:52.9
27 Tania Jones	Richmond Hill	39:40.2
30 Katrina Cripps	Richmond Hill	40:11.8
31 Angela Quick	St. George	40:20.8
38 Monica Lau	Oakville	41:06.5
40 Jennifer Mota	Oakville	41:14.0
51 Colleen Coxson	Oakville	42:03.6
55 Jane Percival	Oakville	42:23.1
Men's 15-19		
5 Jason Wilson	Barbados	32:49.1
8 Tyler Bredschneider	Brampton	35:52.3
25 Colin Hardy	Hamilton	39:33.8
Men's 20-24		
2 Laurence Abbott	Sarnia	32:27.2

4 Andrew Yorke	Hamilton	32:45.5
9 Daniel Nowak	Mississauga	35:57.8
Men's 25-29		
6 Kevin Smith	Oakville	34:10.1
20 Aj Mundie	Toronto	38:45.0
22 Ben D. Nelson	Oakville	39:17.3
Men's 30-34		
1 Etiz Gillis	Guelph	32:17.5
7 Nikolay Ryabkov	Toronto	35:24.2
10 Corey McSween	Brantford	36:10.8
Men's 35-39		
3 Predrag Mladenovic	Etobicoke	32:38.0
14 Richard Eyram	Oakville	37:33.7
15 Kevin McCormick	Toronto	37:48.0
Men's 40-44		
12 Nelson Ndereva	Toronto	37:09.4
16 Carlos Nunes	Oakville	38:06.8
44 Bryan Payne	Burlington	41:24.4
Men's 45-49		
33 J.P. Korsmit	St. Catharines	40:31.5
52 Gordon Muirhead	Toronto	42:11.6
78 Mike Bermingham	Oakville	44:16.6
Men's 50-54		
47 Alan Davies	Mississauga	41:36.7
54 Stephen Hinton	Kingston	42:20.5
87 Aldo Melaragno	Whitby	44:54.0
Men's 55-59		
39 Darrell Senyk	Toronto	41:13.0
74 Ted Baxter	Brantford	44:06.1
116 Frank Di Rienzo	Woodbridge	45:52.8
Men's 60-64		

135 Chris Ziomkiewicz	Oakville	46:42.3
419 Paolino Fiorino	Woodbridge	54:36.5
424 Alan Oakes	Princeton	54:40.5
Men's 65-69		
681 Denis Kennedy	Beamsville	1:00:09.2
704 Terry Singleton	Oakville	1:00:34.7
747 Ken Robertson	Oakville	1:01:29.4
Men's 70-and-older		
654 Art Birchenough	Oakville	59:35.0
1054 Wayne Mang	Oakville	1:10:21.0
1083 Gerry McGrath	Mississauga	1:11:27.7
Women's 15-19		
70 Karina Sils	Oakville	43:32.4
85 Darcy Schnarr	Oakville	44:50.0
105 Lauren Heinken	Mississauga	45:26.8
Women's 20-24		
13 Dorelle Hinton	Kingston	37:15.9
31 Angela Quick	St. George	40:20.8
38 Monica Lau	Oakville	41:06.5
Women's 25-29		
21 Natasha Yaremczuk	Paris	38:52.9
40 Jennifer Mota	Oakville	41:14.0
147 Kim Devereaux	Toronto	47:02.7
Women's 30-34		
11 Lucy Njeri	Burlington	36:45.9
30 Katrina Cripps	Richmond Hill	40:11.8
51 Colleen Coxson	Oakville	42:03.6
Women's 35-39		
72 Jennifer Scheuring	Oakville	43:52.8
76 Erica Hollingdrake	Oakville	44:14.3
120 Mary MacNaughton	Thornhill	45:59.1
Women's 40-44		
27 Tania Jones	Richmond Hill	39:40.2
139 Janicke Ziemer	Burlington	46:46.1
177 Heather O'Brien	Oakville	48:02.3
Women's 45-49		
108 Margaret Watson	Hamilton	45:32.2
149 Lorraine Breckon	Oakville	47:07.2
169 Marta Petsche	Mississauga	47:48.6
Women's 50-54		
161 Jean Compton	Caledon East	47:40.1
224 Claudia Hutchinson	Oakville	49:32.4
225 Ida Klein Getlink	Guelph	49:37.4
Women's 55-59		
346 Birgit Soni	Markham	42:40.5
411 Lynn Devereaux	Seaforth	54:24.3
525 Christine Bonk	Hamilton	56:45.0
Women's 60-64		
321 Carole Tracey	Toronto	52:04.3
724 Barbara Pomfret	Toronto	1:00:58.1
929 Linette Kennedy	Beamsville	1:06:20.1
Women's 65-69		
705 Beba Charley	Mississauga	1:00:36.2
1114 Inez Budd	Burlington	1:13:37.5
1214 Judith Hilton	Burlington	1:39:05.0

2 Peter Brown	Kingston	1:05:11.6
3 Alison Dancy	Burlington	1:05:44.7
4 Anne Tindale	Burlington	1:05:44.9
5 Deborah Stanford	Oakville	1:08:50.4
6 Peter Davidson	Pickering	1:09:28.2
7 Linda Condon	Burlington	1:09:32.1
8 Rita Weerdenburg	Milton	1:10:23.5
9 Paula Stewart	Burlington	1:11:35.8
10 Catherine Kaczmarek	Burlington	1:11:51.9
Overall, Women		
3 Alison Dancy	Burlington	1:05:44.7
4 Anne Tindale	Burlington	1:05:44.9
5 Deborah Stanford	Oakville	1:08:50.4
7 Linda Condon	Burlington	1:09:32.1
8 Rita Weerdenburg	Milton	1:10:23.5
9 Paula Stewart	Burlington	1:11:35.8
10 Catherine Kaczmarek	Burlington	1:11:51.9
11 Ivana Brezina	Burlington	1:12:01.9
12 Janet Brooks	Toronto	1:12:17.1
13 Holly Shepherd	Burlington	1:12:17.1
Men's under-40		
1 Piero Evfremidis	Ancaster	1:03:56.8
22 Christian Osterman	Toronto	1:16:49.2
27 Shelley Sottana	Burlington	1:17:04.8
Men's 40-49		
23 Patrick Owen	North York	1:16:52.4
33 Stuart Sweeney	Mississauga	1:19:02.1
92 Paul Urbanek	Oakville	1:32:04.2
Men's 50-59		
2 Peter Brown	Kingston	1:05:11.6
25 Greg Stephanian	Toronto	1:17:01.7
47 Frank Cox	Mississauga	1:21:42.0
Men's 60-plus		
6 Peter Davidson	Pickering	1:09:28.2
15 John Sweeney	Mississauga	1:12:53.1
30 Vito Umbrello	Maple	1:17:58.7
Women's under-40		
4 Anne Tindale	Burlington	1:05:44.9
11 Ivana Brezina	Burlington	1:12:01.9
17 Julie Ellis	Burlington	1:13:00.1
Women's 40-49		
7 Linda Condon	Burlington	1:09:32.1
9 Paula Stewart	Burlington	1:11:35.8
12 Janet Brooks	Toronto	1:12:17.1
Women's 50-59		
3 Alison Dancy	Burlington	1:05:44.7
5 Deborah Stanford	Oakville	1:08:50.4
8 Rita Weerdenburg	Milton	1:10:23.5
Women's 60-plus		
32 Agnes Keenan	Oakville	1:18:28.5
36 Pamela Servos	Puslinch	1:20:05.8
40 Andree Witham	Etobicoke	1:20:40.4

10K Wheelchair (4 participants)

Place, Name	Residence	Time
Overall		
1 Curtis Tom	Mississauga	28:09.7
2 Christopher	Brampton	33:26.5
3 Robert Buren	Oakville	35:24.1
4 Jessica	Pembroke	50:15.2

10K Power Walk (117 participants)

Place, Name	Residence	Time
Overall		
1 Piero Evfremidis	Ancaster	1:03:56.8

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